

Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday, 31st May, 2017.

Present: Cllr Jim Beall (Chairman),

Cllr Ann McCoy, Cllr Sonia Bailey, Cllr Lynn Hall, Cllr Kevin Faulks (Substitute for Cllr David Harrington), Cllr Di Hewitt, Sarah Bowman - Abouna, Martin Gray, Tony Beckwith, David Brown, Alan Foster, Steve Rose, Ali Wilson and Ann Workman

Officers: Michael Henderson, Stephen Shaw (SBC)

Also in attendance: Ken Younghusband, Mike McGuire (NHS England), Deborah Giles (CCG)

Apologies: Barry Coppinger, Sheila Lister, Alan Foster, Cllr David Harrington, Saleem Hassan, Paul Williams,

1 **Declarations of Interest**

Cllr Ann McCoy declared a personal interest in item 4, Affordable Warmth Strategy, as she was a Board member of Stockton and District Advice and Information Service which was one of the Partners in the Strategy.

2 **Minutes of the meeting held on 26 April 2017**

The minutes of the meeting held on 26 April 2017 were confirmed as a correct record.

3 **The Affordable Warmth Strategy and the Outcomes of Warm Homes Health People 6**

Members received a report relating to the Affordable Warmth Strategy and outcomes from Warm Homes Healthy People 6.

It was noted that levels of fuel poverty had continually fallen in recent years in Stockton-on-Tees from 18.1% in 2010 to 10.7% in 2014 and interventions delivered by the Council, and its partners, had contributed to this success. However, it was an issue that still affected 8585 (10.7%) of households in Stockton-on-Tees and there were also persistent inequalities.

The inability to keep warm at home had a real impact on health and wellbeing and community spirit. Promoting affordable warmth and tackling fuel poverty remained a priority in Stockton-on-Tees and the Affordable Warmth Strategy coordinated the approach to prioritising and addressing key issues.

Warm Homes Healthy People (WHHP) was a key intervention in delivering the Affordable Warmth Action Plan. Supported by Public Health, the outcomes from the intervention delivered between October 2016 and the end of March 2017 (WHHP6) were provided to the Board.

A refreshed Affordable Warmth Strategy and Action Plan was endorsed by the Housing, Neighbourhood and Affordable Warmth Partnership on 26 January 2017, and a copy of this was provided to members.

The Board considered the report, and discussion could be summarised as follows:

- Members recognised the connection between affordable warmth and health.
- The Board supported the strategy, action plan and interventions.
- It was noted that Stockton was a high performer in terms of fuel poverty reduction, however, within Stockton there were still significant inequalities and this would be picked up in the action plan.
- It was noted that energy prices continued to rise but, generally, switching did reduce charges.
- Low income families who had pre-payment meters could still switch suppliers.
- Research suggested that the warm homes healthy people interventions had produced cost savings within health services. It also helped with educational attainment.
- It was agreed that it may be useful to look at data to gauge whether some people were moving out and then back into fuel poverty.
- Opinion on smart meters was a little divided, but it was indicated that estimated bills were a reason people often went into debt. It was hoped that smart meters would help people understand and keep a track of their expenditure.
- The Warm Homes Healthy People initiative had solid links into the early intervention Multi-Disciplinary Service (part of the Better Care Fund) Team.
- Community Ambassadors and Care Coordinators should be considered to highlight the initiatives.

RESOLVED that the report be noted.

4 Mental Health Task and Finish Group - Update

Members received a report that provided a high level summary of the current position, following the work of the Mental Health Task and Finish Group (MHTFG) and including progress on implementing the NHS 5 Year Forward View for Mental Health. The aim of the report was to summarise progress against key policy themes, highlight key outcomes from the needs assessment and propose next steps, as part of the governance arrangements through the Board.

It was explained that a comprehensive mental health needs assessment had been undertaken and the MHTFG had concluded that:

- A system-wide approach to addressing the priorities, not limited to service delivery, was required to improve mental health and emotional wellbeing in Stockton-on-Tees.
- There was significant crossover between children's and adult's services, which played a pivotal role in improving and protecting mental health.

The MHTFG had determined that, in order to achieve an all age-integrated approach, which was system-wide, would require significant strategic support, influence and oversight in order to ensure its effective implementation.

MHTFG proposed that Mental Health and Emotional Wellbeing be included as a prominent theme within the forthcoming refresh of the Joint Health & Wellbeing Strategy. Underpinning this aspect of the Joint Health & Wellbeing Strategy the group proposed the development of a mental health and wellbeing strategic action plan, which would have clear timescales, and lead organisations identified within it. The MHTFG would also develop, monitor and ensure effective implementation of the action plan.

It was recognised that this was an extremely complex area of work but it was felt that a strategic action plan could be produced that was coherent across the various organisations and footprints, whilst taking account of a range of local pressures and national directives.

The Board agreed that a draft strategic action plan be presented to its September meeting, for consideration. The strategic action plan should, in particular, identifying potential priorities where collaborative/integrated work could take place.

RESOLVED that the report be noted and a draft strategic action plan be presented to the Board's September meeting.

5 Community Pharmacy in 2016/17 and beyond

Members received a report relating to community pharmacy.

The Board noted details of specific pharmacy services, commissioned, in Stockton Borough, by:

- NHS England - Cumbria and the North East. These included essential/mandatory services, such as dispensing and disposal of drugs, plus advanced services such as flu vaccination.
- Hartlepool and Stockton Clinical Commissioning Group. In Stockton, these were prescribing support services
- Stockton Borough Council. These include a range of services such as needle exchange, stop smoking, healthy start.

The Board was provided with an update on national developments:

- New Urgent Medicines Supply Advanced Services (NUMAS). Members noted that 33% of pharmacies in Stockton had taken up NUMAS. Patients could ring 111 and access the service.
- Changes to Market Entry Regulations, which would facilitate pharmacy business consolidations, from two or more sites, on to a single existing site. There had been no applications for this in Stockton, to date.

- Pharmacies offering additional supplementary hours to align with extended GP hours.

Members were informed of a regional initiative that was seeking to divert approximately 35,000 people per annum, who contacted 111, from urgent care services to community pharmacies. This would make a significant difference to the pressures on urgent care but would be easily absorbed by pharmacies. It was hoped something would be introduced in September.

Members were provided with some examples of what made up the quality framework relating to pharmacies. These included:

- Community Pharmacy Assurance Framework, which was assessed by NHS England and may lead to an inspection.
- General Pharmaceutical Council could inspect operating procedures of pharmacies. This inspection may, in the future, provide ratings.
- It was noted that pharmacies could increase income via quality payments.

The Board noted that, during the development of Stockton's Pharmaceutical Needs Assessment (PNA), regard would need to be given to many of the issues discussed at this meeting. It was explained that the Council's Public Health Team would be undertaking the refresh of the PNA and, following consultation, an update would be presented to the Board.

RESOLVED that the report be noted.

6 Medicines Optimisation in NHS Hartlepool and Stockton on Tees CCG

Members received a report that provided an overview of medicines optimisation services, currently provided to GP practices and care homes in Hartlepool and Stockton on Tees Clinical Commissioning Group. The report also provide an outline of plans for 2017/18.

Members noted some key facts:

- Medicine waste cost Hartlepool and Stockton CCG approximately £1.7 million each year and it was estimated that about half of this was avoidable.
- Medicine optimisations looked to support patient management of medicines, improve safety, promote cost effective prescribing and support workforce development.
- The medicines optimisation team maximized positive outcomes from the medicines used across the health economy.
- The financial picture was challenging and pressures on primary care prescribing costs were likely to continue.

There was a discussion about safeguarding in care homes and it was noted that safeguarding cases were often centred on medication. It was agreed that this was an important area that needed to be fully considered and monitored.

RESOLVED that the report be noted.

7 Health and Wellbeing Update

Members received a report that detailed the minutes of the following meetings:

- Adults Health and Wellbeing Partnership - 4 April 2017.

Adults Health and Wellbeing Commissioning Group - 28 March 2017.

RESOLVED that the report be noted.

8 Members' Updates

There were no updates provided.

9 Action Tracker

Members noted the Action Tracker.

10 Forward Plan

Members considered the Forward Plan and agreed that items scheduled for June meeting should be moved to July and the June meeting cancelled.

It was pointed out that a number of forthcoming meetings clashed with the Council's Planning Committee and it was agreed that attempts should be made to resolve this.